

Community Data Snapshot: Pregnant and Parenting Teens

SLO County Child & Family Wellness Collaborative

Why is this important? Support for at-risk youth and families is an important community condition that enables families to raise physically, mentally, and emotionally healthy children. Pregnant and parenting teens are one particularly at-risk group.



About this data: To get an picture of pregnant and parenting teens, we reviewed the teen birth rate per 1,000 teens from the County of San Luis Obispo Health Agency and information provided by Pregnancy & Parenting Support of San Luis Obispo County.

About the Collaborative: The SLO County Child & Family Wellness Collaborative partner agencies are a united system of prevention resources supporting families to provide stable and nurturing relationships and communities for their children. Our goal is to improve our collaboration and promote thoughtful provider practices and government policies.

Partners in Wellbeing

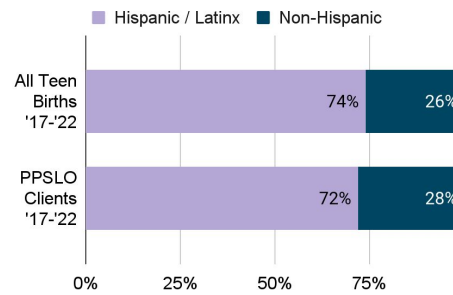
- Cal-Learn Teens Program
- CAPSLO Teen Academic Parenting Program (TAPP)
- Pregnancy and Parenting Support of SLO County
- Nurse Family Partnership
- SLO County Probation Department
- The Link Family Resource Center

Overall Results*

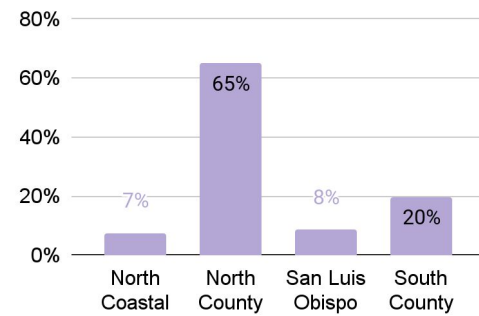
6.0%

County-wide teen birth rate in 2021
California's Rate: 10.3% in 2020

Teen Births By Ethnicity (2017 - 2022)



Teen Births By Location (2017 - 2022)



*Data for this section was provided by SLO County Public Health Dept.. Teens are defined as 15-19 YO in this data.

By Geography**

Coastal:

Teen births '17-'22: **27**
 PPSLO Clients '17-'22: **6**

City of SLO

Teen births '17-'22: **32**
 PPSLO Clients '17-'22: **25**



North County

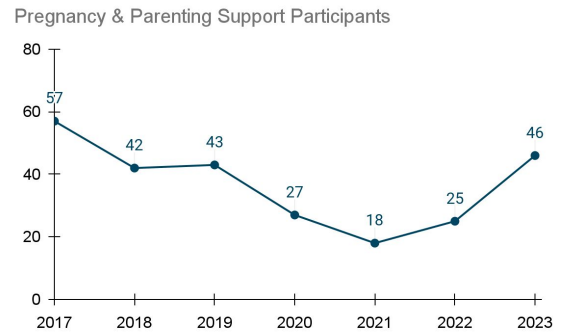
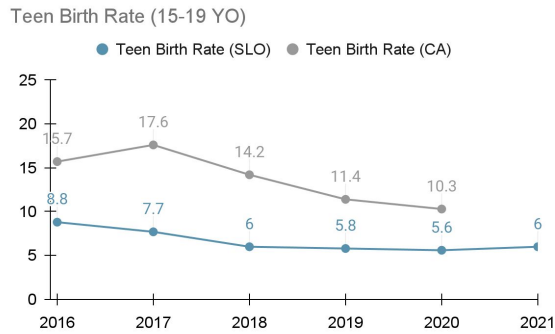
Teen births '17-'22: **242**
 PPSLO Clients '17-'22: **52**

South County

Teen births '17-'22: **74**
 PPSLO Clients '17-'22: **66**

**PPSSLO serves clients up to age 20, while the department of public health classifies teens as 15-19 YO.

Trends Over Time



What Else Do We Know?

- Teen pregnancy has increased since the pandemic.
- North County referrals have increased with the Mixteco population.
- CAPSLO Early Head Start services provide home based and child care services for pregnant and parenting teens.

Additional potential data sources:

- CAPSLO Head Start/Early Head Start
- CHC
- The Center
- WIC
- 5CHC

Our Point of View

- North County has substantially more teen parents, yet fewer support services available and fewer participants in services. Transportation to support programs is a challenge. **Opportunity: Conduct a listening session with a current/past teen parent.**
- In South County Lopez Continuation HS) provides an onsite child care center. **Opportunity: Explore replicating this in the North County where the the need is high.**
- Each agency is collecting unique data sets in multiple data platforms tied to state and federal contracts. There is no centralized data system. **Opportunity: Explore shared or common demographics and outputs.**
- **Opportunity: Map resources to improve distribution of services, funding and staff across the County.**

Take Action for Families



We will share an updated summary after our data review meeting. Please share this data with your organization's staff and partners that might be interested.



Debrief with your team:

- Are you familiar with the orgs working in this area?
- What can we do to improve this community condition?
- What changes in policy, funding, or cross-agency coordination could improve this community condition?



Share back your ideas with this Collaborative by 11/23, by emailing [Natalie](#).



Our next meeting will be on Jan 19, 2024. In between now and our next meeting, we encourage you to connect 1-1 with another collaborative member.