

San Luis Obispo County 2020 Directory of Family Resource Centers

FRC services may change in response to the COVID-19 crisis. Learn more at
www.slohealthaccess.org/coronavirus-resources

| Family Resource Center | Address/Phone/Email | Population/Services |
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| Pregnancy & Parenting Support of SLO County (Formerly ALPHA) www.ppsslo.org | 3480 South Higuera, Ste. 100 San Luis Obispo, CA 93401 (805) 541-3367 | Pregnant and parenting mothers and fathers until child is age two. |
| Cambria Connection www.thecambriacconnection.org | 1069 Main Street Cambria, CA 93428 (805) 927-1654 | Any community member needing access to social services, counseling, youth services, and 12 step programs. |
| The Link Family Resource Center Atascadero FRC | 4507 Del Rio Ave., Bldg. 1 Atascadero, CA 93422 (805) 466-5404 | <i>Basic needs and preventive services:</i> primarily families with school-age children: bilingual Family Advocates <i>Intensive services:</i> Children and families in North County, including San Miguel, Shandon, Creston and Santa Margarita. <i>Additional services include:</i> Parenting classes, homeless services, SAFE System of Care |
| Paso Robles FRC (Serves Shandon & San Miguel) www.linkslo.org | 1802 Chestnut St. Paso Robles, CA 93447 (805) 466-5404 | |
| Child Development Resource Center of the Central Coast www.childrensresource.org | 1720 Bishop Street San Luis Obispo, CA 93401 (805) 544-0801 | Therapeutic preschool for children ages two to five, based on need and income. Medi-Cal and sliding scale mental health therapy services for children and their families. |
| Community Action Partnership of SLO County www.capslo.org | 1030 Southwood Drive San Luis Obispo, CA 93401 (805) 544-4355 | Programs to help individuals and families with employment, child care and preschool, parent education, housing, and medical services, etc. |
| Community Counseling Center www.cccslo.org | 676 Pismo Street San Luis Obispo, CA 93401 (805) 543-7969 | Medi-Cal and sliding scale mental health services for adults, families, couples and youth |
| Seneca Family of Agencies (Formerly Kinship Center) https://senecafoa.org | 6850 Morro Road Atascadero, CA 93422 (805) 434-2449 | Foster and adoptive families, relative caregivers (e.g. grandparents). Services include: mental health, support groups, parent education, and adoptions. |
| North County Connection www.nccslo.org | 8600 Atascadero Ave. Atascadero, CA 93422 (805) 462-8600 | Families, adults and teens with substance abuse issues |
| Transitions-Mental Health Association www.t-mha.org | 784 High Street San Luis Obispo, CA 93401 (805) 540-6500 | Individuals with mental health issues and their families and caregivers |

| Family Resource Center | Address/Phone/Email | Population Served |
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| Parent Connection of SLO County www.sloparents.org | SLO/South County (805) 709-2023 North County (805) 904-1411 Spanish Countywide (805) 712-5038 Information Helpline (805) 543-3700 | Online listing for in-person and virtual parenting classes, support groups and workshops. Free, confidential, qualified Parent Coaching for parents and caregivers. Information Helpline provides countywide referrals and resources. |
| Parents Helping Parents SLO Resource Center | 3450 Broad St. Ste. 111 San Luis Obispo, CA 93401 (805) 543-3277 | Families of children with special needs. |
| Atascadero Resource Center www.phpslo.org | 7305 Morro Road Ste. 104A Atascadero, CA 93422 (805) 461-7415 | |
| RISE (Formerly North County Women's Shelter & SARP Center) www.riseslo.org | 51 Zaca Lane Suite 100 San Luis Obispo, CA 93401 1030 Vine Street Paso Robles, CA 93446 (855) 886-7473 | Individuals and children needing shelter, counseling, and referral services due to intimate partner violence. |
| San Luis Coastal USD SLO Family Resource Center (Serves SLO And Avila) | 1500 Lizzie Street, G-4 San Luis Obispo, CA 93401 (805) 458-5499 | <i>Basic needs and preventive services:</i> Families with school-age children, bilingual services <i>Intensive services:</i> San Luis Coastal Unified School District students <i>Additional services include:</i> Parenting classes, homeless services, SAFE System of Care |
| Coastal Family Resource Center (Serves Los Osos and Morro Bay) | (805) 235-6610 | |
| South County SAFE Arroyo Grande Family Resource Center | 1086 Grand Ave. Arroyo Grande, CA 93420 (805) 474-2105 | <i>Basic needs and preventive services:</i> Any resident <i>Intensive services:</i> Children in the Lucia Mar Unified School District <i>Additional services include:</i> Parenting classes, Homeless services |
| Nipomo Family Resource Center | 920 W. Tefft St. Nipomo, CA 93444 (805) 474-2105 | |
| Oceano Family Resource Center | 1511 19th St. Oceano, CA 93445 (805) 474-3690 | |
| Stand Strong (Formerly Women's Shelter Program of SLO Co.) www.standstrongnow.org | 51 Zaca Lane #150 San Luis Obispo, CA 93401 (805) 781-6401 | Women and children needing shelter, counseling, and referral services due to domestic violence. |