

San Luis Obispo County

2019 Directory of Family Resource Centers

Family Resource Center	Address/Phone/Email	Population/Services
Pregnancy & Parenting Support of SLO County (Formerly ALPHA) www.ppsslo.org	3480 South Higuera, Ste. 100 San Luis Obispo, CA 93401 (805) 541-3367	Pregnant and parenting mothers and fathers until child is age two.
Cambria Connection www.thecambriacconnection.org	1069 Main Street Cambria, CA 93428 (805) 927-1654	Any community member needing access to social services, counseling, youth services, and 12 step programs.
The Link Family Resource Center Atascadero FRC	4507 Del Rio Ave., Bldg. 1 Atascadero, CA 93422 (805) 466-5404	<i>Basic needs and preventive services:</i> primarily families with school-age children: bilingual Family Advocates <i>Intensive services:</i> Children and families in North County, including San Miguel, Shandon, Creston and Santa Margarita. <i>Additional services include:</i> Parenting classes Homeless services SAFE System of Care
Paso Robles FRC (also serves Shandon & San Miguel) www.linkslo.org	1802 Chestnut St. Paso Robles, CA 93447 (805) 466-5404	
Child Development Resource Center of the Central Coast www.childrensresource.org	1720 Bishop Street San Luis Obispo, CA 93401 (805) 544-0801	Therapeutic preschool for children ages two to five, based on need and income. Medi-Cal and sliding scale mental health therapy services for children and their families.
Community Action Partnership of SLO County www.capslo.org	1030 Southwood Drive San Luis Obispo, CA 93401 (805) 544-4355	Programs to help individuals and families with employment, child care and preschool, parent education, housing, and medical services, etc.
Community Counseling Center www.ccslo.org	676 Pismo Street San Luis Obispo, CA 93401 (805) 543-7969	Sliding scale counseling services
Seneca Family of Agencies (Formerly Kinship Center) https://senecafoa.org	6850 Morro Road Atascadero, CA 93422 (805) 434-2449	Foster and adoptive families, relative caregivers (eg: grandparents caring for grandchildren). Services include: mental health, support groups, parent education, adoptions.
North County Connection www.northcountyconnection.com	8600 Atascadero Ave. Atascadero, CA 93422 (805) 462-8600	Families, adults and teens with substance abuse issues

Family Resource Center	Address/Phone/Email	Population Served
Parent Connection of SLO County www.sloparents.org	San Luis Obispo (805) 543-3700 North County (805) 904-1411 South County/Spanish (805) 462-7135	Online listing and Resource Line for parenting classes and resources. Free, confidential HelpLine for parenting questions with professional Parent Coaches.
Parents Helping Parents SLO Resource Center	3450 Broad St. Ste. 111 San Luis Obispo, CA 93401 (805) 543-3277	Families of children with special needs.
Atascadero Resource Center www.phpslo.org	7305 Morro Road Ste. 104A Atascadero, CA 93422 (805) 461-7415	
RISE (Formerly North County Women's Shelter & SARP Center) www.riseslo.com	51 Zaca Lane Suite 100 San Luis Obispo, CA 93401 1030 Vine Street Paso Robles, CA 93446 (855) 86-RISE	Individuals and children needing shelter, counseling, and referral services due to intimate partner violence.
San Luis Coastal USD SLO Family Resource Center (serves SLO And Avila)	1500 Lizzie Street, G-4 San Luis Obispo, CA 93401 (805) 458-5499	<i>Basic needs and preventive services:</i> Families with school-age children: bilingual services <i>Intensive services:</i> San Luis Coastal Unified School District students <i>Additional services include:</i> Parenting classes, homeless services, SAFE System of Care
Coastal Family Resource Center (serves Los Osos and Morro Bay)	Sunnyside School 880 Manzanita Dr. #18 Los Osos, CA 93402 (805) 235-6610	
South County SAFE System of Care Arroyo Grande Family Resource Center	1086 Grand Ave. Arroyo Grande, CA 93420 (805) 474-2105	<i>Basic needs and preventive services:</i> Any resident
Nipomo Family Resource Center	920 W. Tefft St. Nipomo, CA 93444 (805) 474-2105	<i>Intensive services:</i> Children in the Lucia Mar Unified School District
Oceano Family Resource Center	1511 19th St. Oceano, CA 93445 (805) 474-3690	<i>Additional services include:</i> Parenting classes Homeless services
Stand Strong (formerly Women's Shelter Program of SLO Co.) www.standstrongnow.org	P.O. Box 125 San Luis Obispo, CA 93406 (805) 781-6401	Women and children needing shelter, counseling, and referral services due to domestic violence.
Transitions-Mental Health Association www.t-mha.org	784 High Street San Luis Obispo, CA 93401 (805) 540-6500	Individuals with mental health issues and their families and caregivers